

SASKATOON HUB CITY OPTIMIST

Founded in 1991

www.hubcityoptimistclub.com



We will be laying a wreath at the Remembrance Day Ceremony on Sunday, Nov. 11th.

GENERAL MEETING

This meeting we will be discussing events for the remainder of the year.
We will also touch upon events in 2013.

Monday, November 12th
Supper at 6:30pm, Meeting at 7:15 **SHARP!**
Venice House on Central.

EXECUTIVE MEETING

Monday, Oct. 29th at 6:30pm.
Location: Sandman Hotel

GOODY FOR GOODIES

Sweet & Sour Chicken Crock Pot

- 1 Carrot; cut in pieces
- 1 Green pepper; cut in pieces
- 1 Med Onion; quartered
- 2 tbsps Tapioca; quick-cooking
- 4 Chicken breasts- boned, cut
- 8 oz Pineapple chunks; canned drained
- 1/3 c Dark brown sugar; firmly packed
- 1/3 c Red wine vinegar
- 1 tbsps Soy sauce
- 1 tsp Chicken bouillon; instant
- 1/2 tsp Garlic powder
- 2 tbsps Ginger-root; fresh, minced
- 1 tsp Dried cilantro or 10 leaves
- Rice; hot cooked

For crock-pot cooking put veggies in bottom of crock-pot. Sprinkle tapioca over vegetables. Place chicken atop veggies. Combine all ingredients except rice in a small bowl. Pour over chicken. Cover crock-pot and turn to low and cook for 8-10 hours. Before serving make rice. Serve over rice. Leftovers can be reheated in microwave.

To cook in oven put vegetables in bottom of a greased pan. Sprinkle veggies with tapioca. Add chicken to pan. Combine all other ingredients except rice in a small bowl. Pour over chicken. Cover pan tightly with foil. Bake in 300 deg. oven for 2 hours. Before serving make rice. Serve over rice. Leftovers can be reheated in microwave.

*You can also use 2 T. chopped candied ginger.

Halloween

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| 3. numuta | _____ | 4. sbta | _____ |
| 5. blcka | _____ | 6. oob | _____ |
| 7. caydn | _____ | 8. tac | _____ |
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| 15. esagm | _____ | 16. hossgt | _____ |
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| 19. vshrate | _____ | 20. heraiyd | _____ |
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EVENTS for November and December

Blades ticket selling

Time: 6pm-9pm (arrive ½ hour early)

To sell Blades 50-50 tickets please contact Jim D. or Brent C.

November: Fri. 9th, Sat. 10th and Tues. 27th.

December: Wed. 5th, Sat. 8th, Fri. 14th,
Sat. 15th and Sat. 29th.

Bingo Dates

Arrive ½ hour early

To work a bingo (or part of one) please contact Bonnie W.

November: Fri. 2nd (6pm-3am), Sat. 10th (6pm-3am)

December: Fri. 21st (6pm-3am)
and Sat. 29th (6pm-3am)

Sutherland School Christmas Luncheon:

Fri., Dec. 7th (10:30am – 2pm.)

Events Later This Year

Santa Parade - TBA

Tim Horton's Light Festival (opening of the rink) – TBA

COMMITEES

Food Services: Individualized per event.

Steak Night: David K (Chair)

Bingo: James D (Chair), Bonnie W (Organizer), Ralph K (Coordinator)

Saskatoon Blades 50-50 Tickets: James D and Brent C.

Santa Parade: Phil H.

Lottery Committee: Ralph K (Chair), Cameron U.

Ladies Night Out: Cheryl C (Chair), Jim D, Stephanie C, Kim C, Brent C, Felicia S, Kryssy B.

Communications (Goods and Goodies): Cheryl C.

Meeting Coordinator: Cheryl C.

Visitations (to other clubs): Brent C.

HCO BOARD

	<u>2012-2013</u>	<u>2013-2014</u>
PRESIDENT	Jim Dyke	
PAST PRESIDENT	Ralph Katzman	
VICE PRESIDENTS	Phil Haughn Brent Card	
SECRETARY	Brent Card	
TREASURER	Brent Card	
DIRECTOR (Two Year)	Dave Kossick	
DIRECTOR (Two Year)	Ray Preston	
DIRECTOR (One Year)	Cameron Umphrey	
DIRECTOR (One year)	James Yachyshen	

Promise Yourself.

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.